

The background is a light blue gradient with several realistic water bubbles of various sizes scattered around the edges. The text is centered and reads:

**BREAK DOWN,
BREAK OUT,
AND BREAK
THROUGH**

*MICAH 7:8 (KJV): REJOICE NOT AGAINST ME, O
MINE ENEMY: WHEN I FALL, I SHALL ARISE;
WHEN I SIT IN DARKNESS, THE LORD SHALL BE
A LIGHT UNTO ME.*

