



Can You Take A Yoke?





Connecting Some Dots

- Trust in the LORD with all your heart
- And do not lean on your own understanding.
- ⁶ In all your ways acknowledge Him,
- And He will make your paths straight. (*direct your path*)
- Proverbs 3:5-6



Let Go and Let God

- Psalm 46: **Be still and know that I am God.**
- **Stop striving, stressing, struggling, agitating, and surrender to me**



Promise of Isaiah 30:15

- For thus the Lord [p]GOD, the Holy One of Israel, has said, “In repentance and rest you will be saved,
In quietness and trust is your strength.”
- **But you were not willing**
- **Sin is anything that keeps us from fully trusting in Jesus**



Then I Ended Up Here

- **Matthew 11:28** “Come to Me, all [z]who are weary and heavy-laden, and I will give you rest.
- **29** Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and **YOU WILL FIND REST FOR YOUR SOULS.**
- **30** For My yoke is **easy** and My burden is light.”



Simple Question

- Lord, what does your yoke look like? What is it?
- Simple Answer – You have studying it this whole time:
- It is TRUST – which binds you to me, and surrenders control to me, and allows me to guide and carry you



It Is Just That Simple

- Our life in Christ Jesus is not burdensome, it is not pulling a heavy load, not do-better-try-harder
- It is not pulling a load at all
- It is not sharing a load with Jesus,
- It is **giving that load to Jesus**
- Every minute of every day, in every situation that arises, it is surrendering to the Holy Spirit and praying a prayer that sounds something like this



Accepting His Yoke

Lord, help me trust you with all my heart
instead of using my own understanding.

I want you to have your will, I want you to
take charge and guide me

Help me to stop striving to get my way

I am returning to rest in you, Lord save me

I receive your strength; I will lay down my
demands and plans, I am ready and

WILLING to trust in **YOU**



One More Reminder Ps 131

O LORD, my heart is not proud, nor my eyes [a]haughty;

Nor do I [b]involve myself in great matters,
Or in things too [c]difficult for me.

² Surely I have composed and quieted my soul;

Like a weaned child *rests* [d]against his mother,

My soul is like a weaned child [e]within me.

³ O Israel, hope in the LORD

From this time forth and forever.



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- Too Good to be True?
- Just like Jesus!



Good News!, YOU Are

- deeply loved by God,
- fully accepted by God,
- completely and permanently forgiven by God,
- lavishly blessed by God,
- and eternally, perfectly embraced by God as his child; a child who brings Him unspeakable JOY